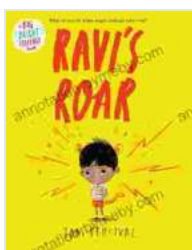


Ravi Roar Big Bright Feelings: Unlocking Emotional Intelligence in Children

In a world where children are constantly bombarded with stimuli and expected to navigate a complex social landscape, it's more important than ever to equip them with the tools to understand and manage their emotions. "Ravi Roar Big Bright Feelings" by Sam McBratney and Anita Jeram is a delightful and insightful children's book that tackles this crucial topic with sensitivity, humor, and heart.

Meet Ravi the Tiger

The story revolves around Ravi, a young tiger who is struggling to cope with his overwhelming emotions. From the moment he wakes up, Ravi's feelings swing like a pendulum, from excitement and joy to sadness and anger. He roars, he pouts, and he just can't seem to find a way to balance his emotions.



Ravi's Roar (Big Bright Feelings) by Tom Percival

★★★★☆ 4.8 out of 5

Language : English

File size : 5806 KB

Screen Reader : Supported

Print length : 32 pages

Lending : Enabled

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However, with the help of his wise and compassionate mother, Ravi embarks on a journey of self-discovery and emotional understanding.

Together, they explore the different emotions that Ravi experiences and learn strategies for managing them in a healthy and constructive way.

Exploring Emotions in a Child-Friendly Way

"Ravi Roar Big Bright Feelings" takes a unique and engaging approach to teaching children about emotions. Through the charming and relatable character of Ravi, children can identify with the challenges of managing their feelings and learn from his experiences.

The book uses vivid and imaginative language to describe emotions, making them tangible and understandable for young readers. For example, Ravi's anger is depicted as a "fiery dragon" that he has to tame, while his sadness is a "heavy cloud" that weighs him down.

Developing Emotional Intelligence

Beyond simply naming and recognizing emotions, "Ravi Roar Big Bright Feelings" also helps children develop their emotional intelligence, which is the ability to understand, manage, and express emotions in a healthy way.

The book encourages children to reflect on their feelings, identify the situations that trigger them, and practice strategies for regulating their emotions. Ravi's mother provides him with practical advice, such as teaching him to take deep breaths when he's angry and to talk about his feelings when he's sad.

Social-Emotional Learning

In addition to promoting emotional intelligence, "Ravi Roar Big Bright Feelings" also fosters social-emotional learning, which is the ability to understand and interact with others in a positive and empathetic way.

Ravi's interactions with his mother, friends, and other animals demonstrate the importance of empathy, compassion, and respect. The book encourages children to think about how their actions and words affect others and to resolve conflicts in a peaceful and constructive manner.

"Ravi Roar Big Bright Feelings" is an invaluable resource for parents, educators, and anyone who wants to help children navigate the complex world of emotions. Through its engaging story, lovable characters, and practical strategies, the book empowers children with the skills they need to understand, manage, and express their feelings in a healthy and productive way.

Whether you're reading it to your young child or using it as a tool for social-emotional learning, "Ravi Roar Big Bright Feelings" is a book that will stay with you and your child long after you finish reading it. It's a book that will help children grow into emotionally intelligent and resilient individuals, prepared to face the challenges and embrace the joys of life with a roar of confidence.

Call to Action

Give your child the gift of emotional intelligence. Free Download your copy of "Ravi Roar Big Bright Feelings" today and unlock the power of their big, bright feelings!



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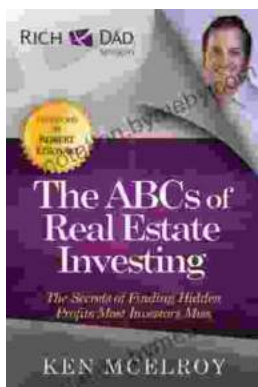
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