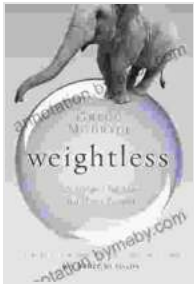


My Life As Fat Man And How I Escaped



Weightless: My Life as a Fat Man and How I Escaped

by Gregg McBride

★★★★☆ 4.6 out of 5

Language : English
File size : 4671 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 330 pages



I was always the fat kid. I was the one who was picked last for gym class, and the one who was always getting teased about my weight. I tried to lose weight, but nothing seemed to work. I would lose a few pounds, but then I would gain it all back, plus more.

I was starting to lose hope. I thought I was going to be fat for the rest of my life. But then I found a program that changed my life. It was a program that taught me how to eat healthy and exercise regularly. I started following the program, and I started losing weight.

I lost 100 pounds in a year. I went from being the fat kid to being the guy who everyone wanted to be friends with. I had more energy, I was more confident, and I was finally happy with myself.

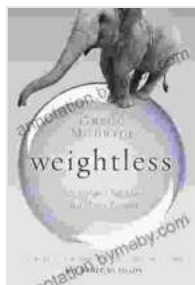
My journey to weight loss was not easy, but it was worth it. I am now living a life that I never thought possible. I am healthy, happy, and free from the chains of obesity.

If you are struggling with weight loss, I want you to know that there is hope. You can lose weight and live a healthy life. I did it, and so can you.

My book, My Life As Fat Man And How I Escaped, is a roadmap for weight loss success. In this book, I share my personal story, as well as the strategies and tips that I used to lose weight and keep it off.

If you are ready to make a change in your life, I encourage you to Free Download your copy of My Life As Fat Man And How I Escaped today. This book can help you lose weight, improve your health, and live a more fulfilling life.

Free Download your copy today!



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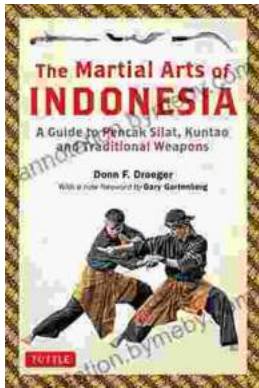
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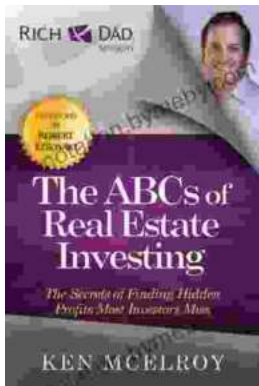
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