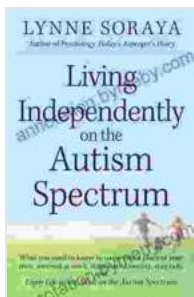


Living Independently on the Autism Spectrum: A Comprehensive Guide to Thriving in Adulthood

Transitioning to adulthood can be a challenging time for anyone, but for individuals on the autism spectrum, it can be especially difficult. Many autistic adults face unique challenges in areas such as housing, employment, social skills, and self-care. As a result, they may be more likely to experience homelessness, unemployment, and social isolation.



Living Independently on the Autism Spectrum: What You Need to Know to Move into a Place of Your Own, Succeed at Work, Start a Relationship, Stay Safe, ... Life as an Adult on the Autism Spectrum by Lynne Soraya

★★★★☆ 4.6 out of 5

| | |
|----------------------|-------------|
| Language | : English |
| File size | : 3421 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| Word Wise | : Enabled |
| Print length | : 274 pages |



The good news is that there are a number of resources available to help autistic adults live independently and thrive. One such resource is the book *Living Independently on the Autism Spectrum* by Dr. Chantal Sicile-Kira.

Dr. Sicile-Kira is a clinical psychologist who has worked with autistic adults for over 20 years. In her book, she provides a comprehensive guide to help autistic adults achieve independence in all areas of their lives. The book covers topics such as:

- Housing
- Employment
- Social skills
- Self-care
- Transportation
- Legal issues
- Financial management

Dr. Sicile-Kira also provides tips on how to advocate for yourself and your needs, and how to connect with other autistic adults.

Living Independently on the Autism Spectrum is an essential resource for any autistic adult who is looking to live a more independent and fulfilling life. The book is well-written and easy to understand, and it is packed with practical advice and information.

Reviews

"This book is a must-read for any autistic adult who is looking to live independently. Dr. Sicile-Kira provides a wealth of practical advice and information on all aspects of independent living, from housing and employment to social skills and self-care. I highly recommend this book." -

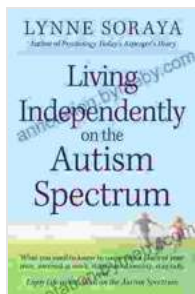
Dr. Temple Grandin, author of *Thinking in Pictures*

"Dr. Sicile-Kira's book is an invaluable resource for autistic adults and their families. It provides a comprehensive overview of the challenges and opportunities that autistic adults face, and it offers practical advice on how to overcome these challenges and achieve success. I highly recommend this book." - **Dr. Tony Attwood, author of *The Complete Guide to Asperger's Syndrome***

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Living Independently on the Autism Spectrum is available for Free Download from all major bookstores. You can also Free Download the book online from Our Book Library, Barnes & Noble, or directly from the publisher, Jessica Kingsley Publishers.

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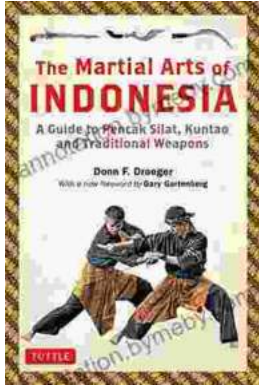


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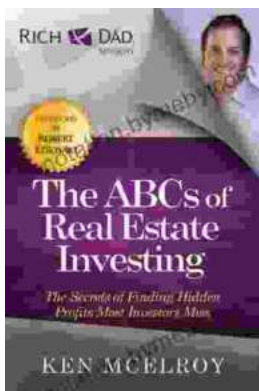
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