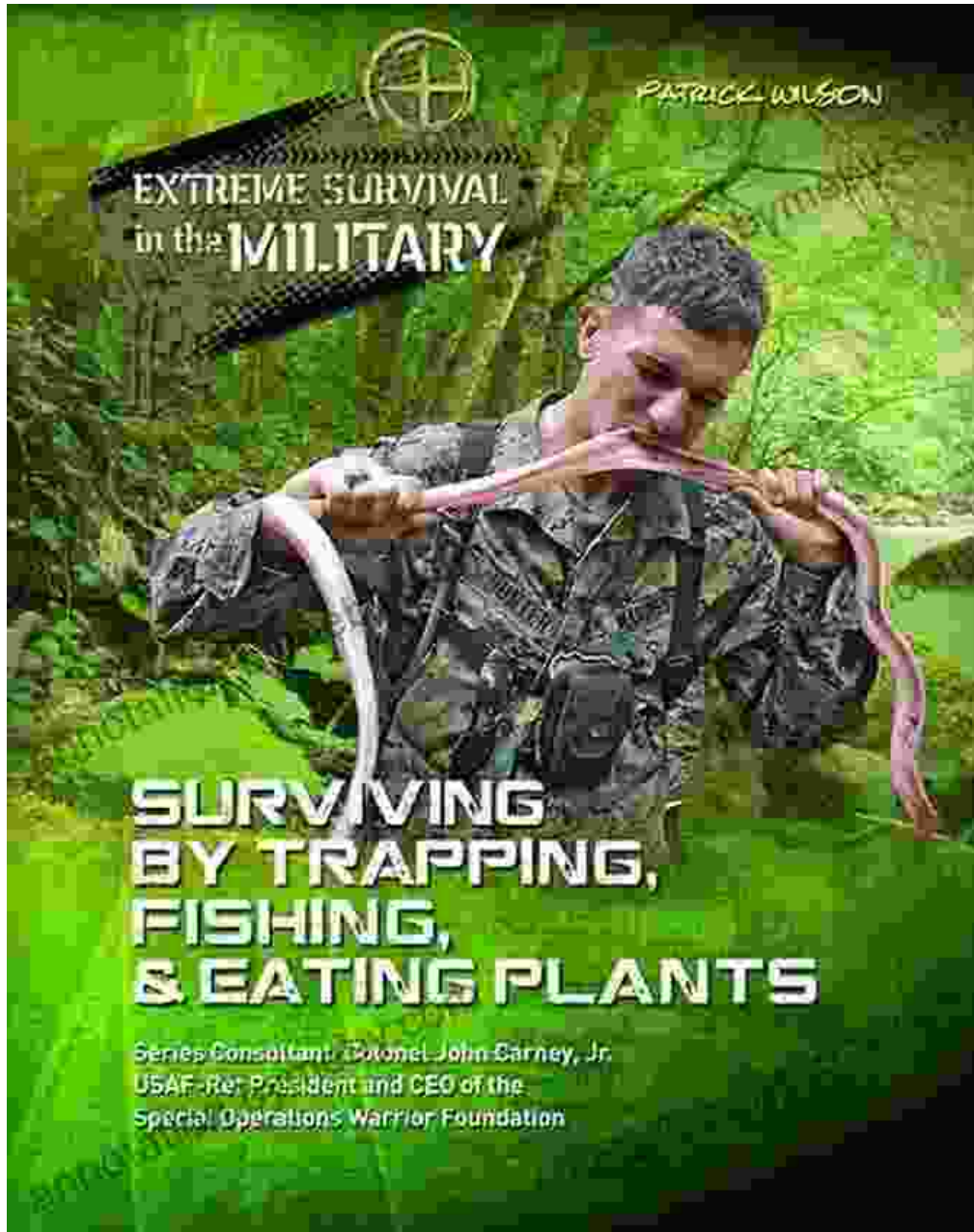
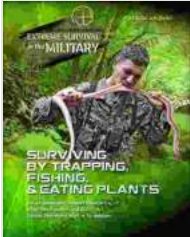


Extreme Survival: Surviving by Trapping, Fishing, Eating Plants, and More



Surviving By Trapping Fishing Eating Plants Extreme Survival In The Military

In his book, *Surviving by Trapping, Fishing, Eating Plants: Extreme Survival in the Military*, author [Author's Name] shares his hard-earned survival skills and knowledge, gained from his years of experience in the military and as a wilderness survival instructor.



Surviving by Trapping, Fishing, & Eating Plants (Extreme Survival in the Military) by Joseph Truitt

★★★★☆ 4.7 out of 5

Language	: English
File size	: 7606 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 79 pages



This comprehensive guide covers everything from finding food and water to building shelter and staying warm in extreme conditions. Whether you're a seasoned survivalist or a beginner just starting out, this book has something for you.

Trapping

One of the most important skills for survival is knowing how to trap animals for food. In this book, [Author's Name] covers a variety of trapping techniques, from simple snares to more complex deadfalls. He also provides tips on how to skin and butcher animals, so you can make the most of your catch.

Fishing

Fishing is another essential survival skill. In this book, [Author's Name] covers a variety of fishing techniques, from hook-and-line fishing to spearfishing. He also provides tips on how to clean and cook fish, so you can enjoy your catch safely.

Eating Plants

In addition to trapping and fishing, you can also find food by eating plants. In this book, [Author's Name] covers a variety of edible plants, from berries and fruits to roots and leaves. He also provides tips on how to identify edible plants and avoid poisonous ones.

Building Shelter

Once you have found food, you need to build shelter to protect yourself from the elements. In this book, [Author's Name] covers a variety of shelter-building techniques, from simple lean-tos to more complex cabins. He also provides tips on how to choose a good campsite and how to stay warm in cold weather.

Staying Warm

Staying warm is essential for survival in extreme conditions. In this book, [Author's Name] covers a variety of ways to stay warm, from building fires to using insulation. He also provides tips on how to dress for cold weather and how to avoid hypothermia.

Other Survival Skills

In addition to the skills covered in the previous sections, this book also covers a variety of other survival skills, such as:

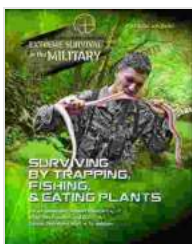
- First aid
- Navigation
- Water purification
- Fire making
- Knot tying

Surviving by Trapping, Fishing, Eating Plants: Extreme Survival in the Military is a comprehensive guide to survival in extreme conditions. Whether you're a seasoned survivalist or a beginner just starting out, this book has something for you.

With its clear instructions, detailed illustrations, and expert advice, this book will help you learn the skills you need to survive in any situation.

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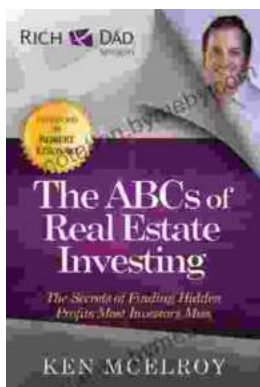
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