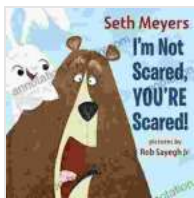


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Language : English

File size : 15966 KB

Screen Reader : Supported

Print length : 35 pages

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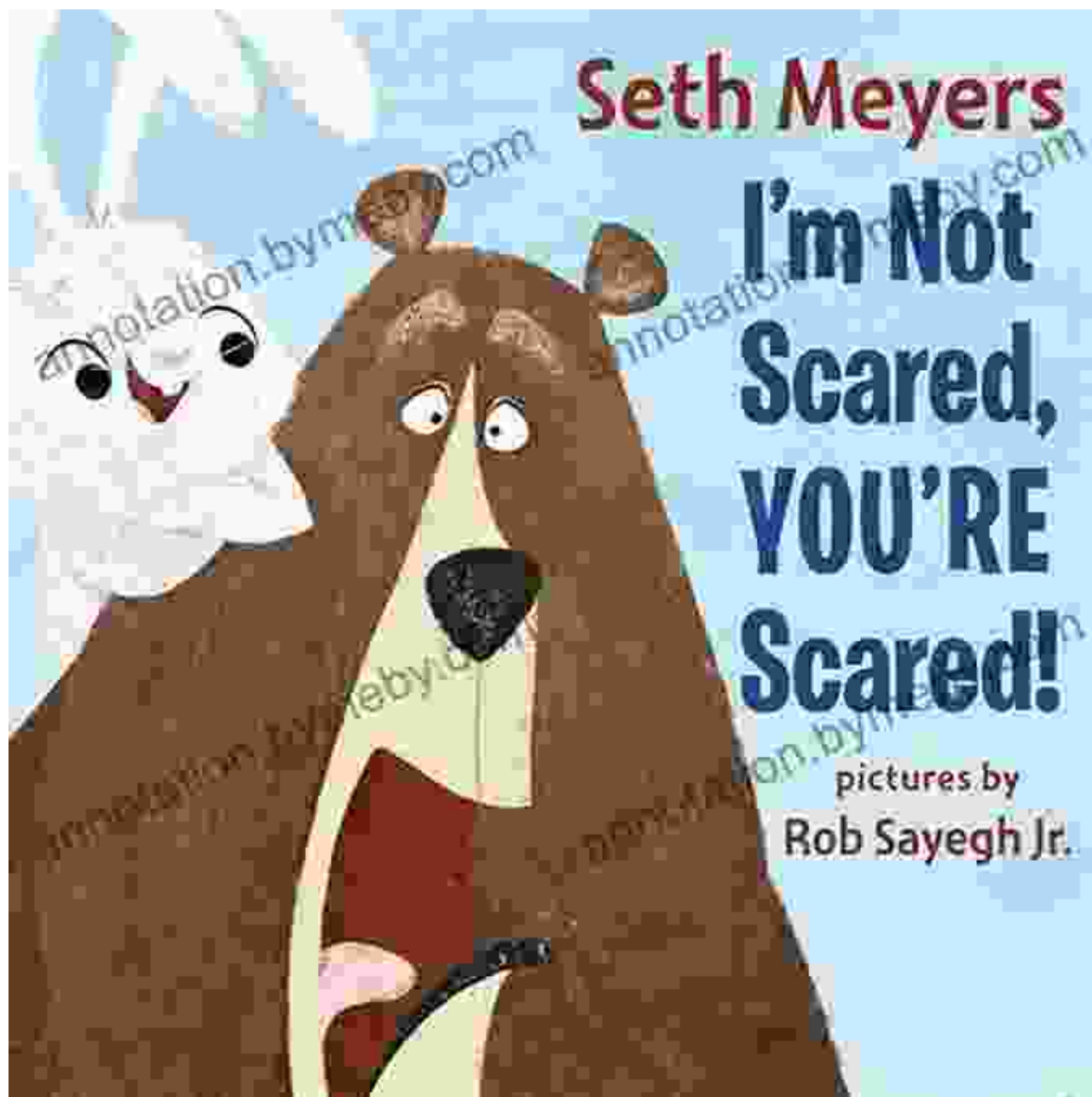
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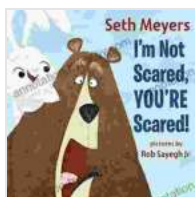
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About the Author

Dr. Neal Barnard is a world-renowned fear expert and the founder of the Barnard Center for Fearless Living. He has helped thousands of people overcome their fears and live more fulfilling lives. Dr. Barnard is the author of several books, including "The Fear Cure" and "Breaking Free from Fear."

He is also a frequent speaker at conferences and workshops on fear and anxiety.



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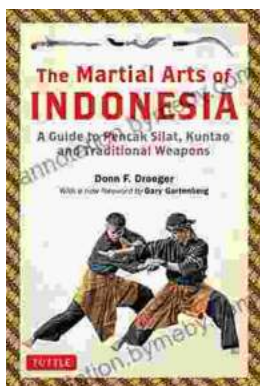
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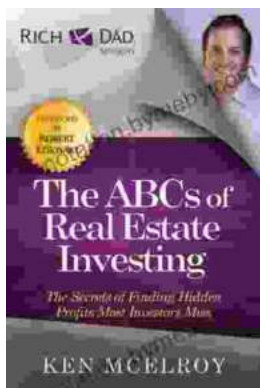
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