

Baking As Biography: A Life Story in Recipes

Have you ever wondered what your life would taste like if it was a cookbook? In her new book, *Baking As Biography*, author Sarah Sentilles explores this question by telling the story of her life through recipes. Each recipe is a reflection of a different moment in her life, from childhood to adulthood, and together they paint a vivid and personal portrait of the author.



Baking as Biography: A Life Story in Recipes by Diane Tye

★★★★☆ 4.5 out of 5

Language : English
File size : 1294 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 288 pages

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The book is divided into four parts, each representing a different decade of Sentilles' life. The first part, "The Seventies," features recipes for dishes that Sentilles remembers from her childhood, such as her grandmother's macaroni and cheese and her mother's chocolate chip cookies. The second part, "The Eighties," includes recipes for dishes that Sentilles cooked as a teenager, such as her first attempt at making pizza and her experiments with vegetarian cooking. The third part, "The Nineties," features recipes for dishes that Sentilles cooked during her college years and early adulthood, such as her first Thanksgiving dinner and her

experiments with baking bread. The fourth part, "The Aughts," includes recipes for dishes that Sentilles cooked after she became a mother, such as her favorite recipes for baby food and her go-to recipes for quick and easy weeknight meals.

Throughout the book, Sentilles weaves together personal anecdotes and reflections on the role that food has played in her life. She writes about how her grandmother's cooking taught her the importance of family and tradition, how her mother's cooking inspired her to become a chef, and how her own cooking has helped her to connect with her children and her community. The recipes in the book are more than just instructions for creating delicious food; they are also a testament to the power of food to connect us to our past, present, and future.

Baking As Biography is a unique and inspiring cookbook that will appeal to anyone who loves to cook, eat, and read. It is a book that will make you laugh, cry, and crave a slice of your favorite dessert. It is a book that will remind you of the importance of food in our lives and the power of memories to connect us to one another.

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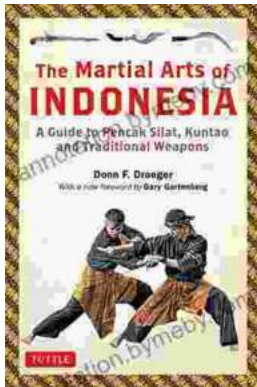
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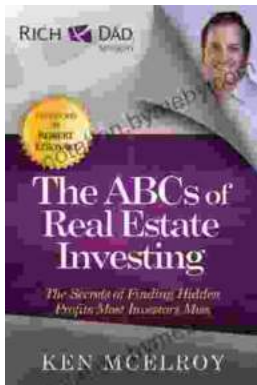
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